

June 2026

For H&I Group Reps to carry the message to their meetings.

Hospital and Institution Committee description: H&I carries the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA.

Please Announce Main H&I Contact Email

For more info on anything or to get involved, email handi.area53@gmail.com

Pass the Pink Can

Money collected in the pink can is used to purchase A.A. literature for confined alcoholics in all the facilities we serve. **Currently, H&I NorCal's literature expenses are around 1/3 above last year, due to a large increase in literature costs.**

The average cost for Lit is \$25 for EACH H&I meeting. In Alameda County, we provide approximately 2,000 H&I meetings per year! Please contribute generously if you can, and group Treasurers— send in the money on a continuous basis.

New Volunteers Always Needed!

All are welcome. Common positions include:

- Secretary for a meeting in a recovery center or hospital (once/month)
- Speaking at a meeting (one time)
- **Experienced volunteers are currently needed to start up several new meetings.**
Confined alcoholics in these facilities are going without meetings, which cannot launch until we get people in these Coordinator roles!
- ❖ **Are you new? Attend monthly new volunteer orientation** to learn about how to get involved.
- ❖ **Previously attended orientation and want to see what's going on recently?** Join the monthly business meeting.

New Volunteer Orientation + Business Mtng - First Wed of each Month on Zoom:

6:30pm Orientation / 7:30pm Business Meeting

Message handi.area53@gmail.com to request meeting link via email, or use Zoom link:

<https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZtMGtIT0dOMWY2K3Z6UT09> Meeting ID:
317 259 5765

Current Month Roster of Open Positions

Meeting Reps— If you are able to print out the current roster each month and post it or pass it around at your meeting, it will help us get positions filled!

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The H&I Roster of current meetings is updated each month with the latest open positions. The top section includes sobriety requirements for all positions and instructions to get involved. You can find the [current roster here](#), and it is also routinely emailed out to the volunteer list.

Sponsors Urgently Needed at San Quentin

The Inside Visiting Sponsorship Program has successfully matched 90 men at San Quentin with sponsors. Currently, 13 men are waiting to be matched — and ***we are urgently seeking new sponsors to join the program with:***

- Minimum five years' sobriety
- Solid sponsorship experience
- Knowledge & practice of AA's Steps & Traditions
- Willingness to anonymously text, receive phone calls and exchange letters.

For more information or to sign up: EMAIL US AT: HANDI.IVSS@GMAIL.COM

Sponsor an Inmate

WANT TO SPONSOR AN AA MEMBER IN PRISON?

IT'S EASIER THAN
YOU THINK!



YOUR ANONYMITY
IS PROTECTED!

There's a vital need for AA members from the outside to sponsor AA members in prisons. In order to understand this need, all you need to ask yourself is:

Did I get sober with the help of a sponsor?

If your answer is 'yes', then you understand the vital need.

Inside members frequently tell our volunteers they're not comfortable sharing their deepest secrets with other alcoholics in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside could be catastrophic. This is why H&I pioneered our groundbreaking Inside Visiting Sponsorship Service (IVSS).

**ANONYMOUSLY SPONSOR AN AA MEMBER IN PRISON
FROM THE SECURITY & CONVENIENCE OF YOUR HOME**

(Due to prison regulations, meeting volunteers are ineligible to participate at the facility where they volunteer)

The requirements for IVSS volunteers are:

1) Minimum five years' sobriety 2) Solid sponsorship experience 3) Knowledge & practice of AA's Steps & Traditions 4) Willingness to anonymously text, receive phone calls and exchange letters.

~ We match same gender sponsors, but ANYONE can help us with recruiting efforts. ~

For more information: EMAIL US AT: HANDI.IVSS@GMAIL.COM

Sign up to volunteer here



[Click here for full flier](#)