

# HOSPITAL & INSTITUTION (H&I) COMMITTEE, AREA 53 (ALAMEDA COUNTY)

All new volunteers are required to attend the Orientation to familiarize themselves with [H&I Policy and Procedures](#), and are welcome to attend the Business Meeting that follows.

**ORIENTATION & BUSINESS MEETING: VIRTUAL, FIRST WED. EACH MONTH: 6:30pm Orientation / 7:30pm Business Meeting**

Zoom Link: <https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZtMGtIT0dOMWY2K3Z6UT09>

**Meeting ID: 317 259 5765 Passcode: ACTION**

## How to Volunteer:

- Attend Orientation Meeting (Info Above)
- **For Coordinator positions:** Contact Co-Chair of that section
- **For Secretary positions:** Contact facility Coordinator, or if there is none then contact Co-Chair

## Sobriety Requirements:

- Secretary 6 mos/Coordinator 3 yrs + 1 yr H&I), Speaker N/A
- Additional requirements for Correctional Facilities

**Speakers are always needed at most facilities!** Contact Coordinator

## Lit Pickup Instructions (Monthly Drop-in)

**For Coordinators: 3rd Sunday of month, 10am - 12pm**

259 29th St., Oakland (Side entrance of church/Peace Center)

Questions, or contact in advance to request specific Lit:

Mary P., [handi.area53.literature@gmail.com](mailto:handi.area53.literature@gmail.com) / 510-910-3356

**RECOVERY CENTERS CO-CHAIR (Questions/interest in Coord/Speaker positions): Linda S. 925-683-4741 [linspencer@aol.com](mailto:linspencer@aol.com)**

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Chrysalis House	OAK	MON 7pm	<ul style="list-style-type: none"> <li>• Residential</li> <li>• 15 attendees</li> </ul>	W	Chase C	<a href="mailto:handi.chrysalis@gmail.com">handi.chrysalis@gmail.com</a>	
Cronin House	OAK	THUR 7:30pm	<ul style="list-style-type: none"> <li>• Residential, locked</li> <li>• 20 – 25 attendees</li> <li>• Avg stay 90 days</li> <li>• Span/Eng mtgs</li> </ul>	M	Tracy L	925 594-0322 <a href="mailto:hounddepot@gmail.com">hounddepot@gmail.com</a>	
El Chante – 2 Concurrent Mtgs: Spanish & English	OAK	TUES 7pm	<ul style="list-style-type: none"> <li>• Residential, locked w/curfew</li> <li>• 20 – 25 attendees</li> <li>• Avg stay 90 days</li> <li>• Residents appreciate H &amp; I visitors</li> </ul>	M	Nigel R. (English meeting)  German (Spanish meeting)	971 221-7186  510 978-2346 <a href="mailto:mayomes28@gmail.com">mayomes28@gmail.com</a>	<b>Bilingual speakers</b>



FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Shepherd's Gate	LIVERMORE	THUR 6pm	<ul style="list-style-type: none"> <li>Shelter, Christian-based program for domestic violence/family crisis victims</li> <li>Children (do not attend meeting)</li> <li>10 – 20 attendees</li> <li>Avg stay 9 mos - 2 yrs</li> <li>Clients incredibly grateful for H&amp;I mtgs</li> </ul>	W	Diane	(510) 376-3590 <a href="mailto:Djohansen33@gmail.com">Djohansen33@gmail.com</a> (email preferred contact method)	
Fruitvale Healthcare Center	OAK	WED 2PM	<ul style="list-style-type: none"> <li>35+ long-term residents</li> </ul>	COED	Eric G.	dragoneag@sbcglobal.net	<b>Secretaries Needed</b>

**COMMUNITY CENTERS CO-CHAIR (Questions/interest in Coord/Speaker positions contact Amy S. 510-459-7169 [amystod@gmail.com](mailto:amystod@gmail.com))**

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Cherry Hill Detox	SAN LEANDRO	MON 2PM  TUES 7PM  WED 7PM  THURS 7PM	<ul style="list-style-type: none"> <li>County detox facility on Fairmount Hospital Campus</li> <li>Short term</li> <li>3-20 attendees</li> </ul>	COED	COORD. NEEDED!  Julie S.  Terry P.  Nick T.	Amy S. 510-459-7169 <a href="mailto:amystod@gmail.com">amystod@gmail.com</a>  408-833-3477 <a href="mailto:raidersbunch@yahoo.com">raidersbunch@yahoo.com</a>  925-525-9663 <a href="mailto:terrystreeserv@aol.com">terrystreeserv@aol.com</a>  650-636-3556	<b>MON Coordinator + 1 Secretary</b>
City Team Oakland	OAK	SUN 7PM	<ul style="list-style-type: none"> <li>Long-term residential addiction recovery</li> <li>Transitional housing, women and children in crisis</li> <li>Avg stay 1-6 mos</li> <li>4-8 attendees</li> </ul>	W	Rebeca	510-388-9881 <a href="mailto:rebelucion@gmail.com">rebelucion@gmail.com</a>	

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Crossroads Shelter	OAK	MON 6:30PM	<ul style="list-style-type: none"> <li>• Largest shelter in Alameda County</li> <li>• 100+ residents</li> <li>• Many with addiction and/or mental health issues</li> <li>• 1-6 attendees</li> </ul>	COED	Todd R.	925-344-2966 <a href="mailto:todd.roy.925@gmail.com">todd.roy.925@gmail.com</a>	<b>1 Secretary + 1 Backup Secretary</b>
Gladman Hospital	OAK	THURS 6:30PM	<ul style="list-style-type: none"> <li>• Psych facility</li> <li>• Short and long-term</li> <li>• 3-8 attendees</li> </ul>	M	Julio B.	510-326-8052 <a href="mailto:juliobarba@sbcglobal.net">juliobarba@sbcglobal.net</a>	<b>3 Secretaries</b>
Heritage House	OAK	SUN 3:15 - 4PM	<ul style="list-style-type: none"> <li>• 26-bed crisis support psych hospital, locked</li> <li>• 6-10 attendees</li> </ul>	COED	Adolph F.	510-909-3551 <a href="mailto:adolphfelix@yahoo.com">adolphfelix@yahoo.com</a>	<b>1 Secretary</b>
Jay Mahler Recovery Center	SAN LEANDRO	TUES 7:30PM	<ul style="list-style-type: none"> <li>• 30-day program, located on Fairmont Hospital Campus</li> <li>• Dual diagnosis mental health/addiction</li> <li>• John George grads</li> <li>• 4-12 attendees</li> <li>• Informal, open discussion</li> </ul>	COED	Dave F.	510-909-6977 <a href="mailto:fraserd@comcast.net">fraserd@comcast.net</a>	<b>1 Secretary</b>
John George Psychiatric	SAN LEANDRO	MON 7PM  WEDS 2PM  THURS 7PM	<ul style="list-style-type: none"> <li>• Short term crisis support psych hospital, locked</li> <li>• 1-15 attendees</li> <li>• Wed mtg emergency unit, patients who have just been admitted or waiting transfer</li> <li>• Appropriate for all experience levels of H&amp;I volunteers – beginners to more seasoned</li> </ul>	COED	Richard K.  Steve R.  Joseph R.	408-621-5046 richkamimura@gmail.com  <a href="mailto:Steve.Roberts2112@yahoo.com">Steve.Roberts2112@yahoo.com</a>  310-227-9848 <a href="mailto:jodaro93@gmail.com">jodaro93@gmail.com</a>	<b>WED 1 Secretary</b>
Magnolia House Hayward	HAYWARD	WED 7PM	<ul style="list-style-type: none"> <li>• Residential recovery program</li> <li>• Some clients with babies/small children (do not attend mtg)</li> <li>• Avg stay 1-6 mos</li> <li>• 5-10 attendees</li> </ul>	W	Liz T.	925-818-1098 <a href="mailto:tootsiesrockridge@gmail.com">tootsiesrockridge@gmail.com</a>	<b>1 Secretary</b>

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Villa Fairmont Mental Health	SAN LEANDRO	MON 3:15PM FRI 2:15PM	<ul style="list-style-type: none"> <li>• Dual diagnosis mental health/addiction</li> <li>• John George grads</li> <li>• 5-20 attendees</li> <li>• Unable to host speakers</li> </ul>	COED	Dave F.	510-909-6977 <a href="mailto:fraserd@comcast.net">fraserd@comcast.net</a>	
Willow Rock	SAN LEANDRO	WED 7PM	<ul style="list-style-type: none"> <li>• Teens age 12-17</li> <li>• Lock-down psych facility</li> <li>• Short term crisis support</li> </ul>	COED	Terri L. H.	510-289-8626	
Berkeley Drop-In Center	BERKELEY	TUES 2PM	<ul style="list-style-type: none"> <li>• A multi-purpose community center run by and for past and present mental health clients and persons undergoing significant emotional distress.</li> </ul>	COED	Joseph R.	<a href="mailto:jodaro93@gmail.com">jodaro93@gmail.com</a>	<b>Secretaries Needed</b>
Kaiser Outpatient Adolescent	OAKLAND	First TUES 5pm	<ul style="list-style-type: none"> <li>• Adolescents</li> <li>• Outpatient</li> </ul>	COED	Jenn D.	<a href="mailto:judarte204@gmail.com">judarte204@gmail.com</a> 520-417-9767	

**CORRECTIONAL FACILITIES CO-CHAIR (Questions/interest Coord/Speaker positions contact Linda S. 925-683-4741**

[linspencer@aol.com](mailto:linspencer@aol.com)

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
San Quentin Penitentiary	SAN QUENTIN	6 days/wk	<ul style="list-style-type: none"> <li>• Maximum security prison</li> <li>• Clearance and training required</li> <li>• Other criteria apply</li> <li>• NGP</li> </ul>	M	Curtis C	Contact Co-Chair Linda S. 925-683-4741 <a href="mailto:linspencer@aol.com">linspencer@aol.com</a>	Spanish-speaking volunteers. 10 years' sobriety and 5 years H&I experience (preferably in a correctional facility). Male and female volunteers are ok.
San Quentin Inside Visiting Sponsorship Service	SAN QUENTIN	n/a	<ul style="list-style-type: none"> <li>• One-on-one sponsorship.</li> <li>• In person visits at least once monthly, plus sponsor-by-mail, phone call and/or text</li> <li>• NGP</li> </ul>	M	Maxie	510 461-6611 <a href="mailto:Sanquentinivss@gmail.com">Sanquentinivss@gmail.com</a>	Male volunteers, 5 years' sobriety & solid sponsorship.

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Santa Rita Men's Jail	DUBLIN	Wed, 7 pm 2 mtgs	<ul style="list-style-type: none"> <li>• County jail.</li> <li>• Clearance and training required.</li> <li>• NGP</li> </ul>	M	Larry	Contact Co-Chair Linda S., 925-683-4741 <a href="mailto:linspencer@aol.com">linspencer@aol.com</a>	Male volunteers, 2 years' sobriety & H&I experience.
Santa Rita Women's Jail	DUBLIN	Wed. 6 pm 3 mtgs	<ul style="list-style-type: none"> <li>• County jail.</li> <li>• Clearance and training required.</li> <li>• NGP</li> </ul>	COED	Tammie C	<a href="mailto:santaritahanditammie@gmail.com">santaritahanditammie@gmail.com</a>	Female volunteers, 2 years' sobriety & H&I experience.