

HOSPITAL & INSTITUTION (H&I) COMMITTEE, AREA 53 (ALAMEDA COUNTY)

All new volunteers are required to attend the Orientation to familiarize themselves with [H&I Policy and Procedures](#), and are welcome to attend the Business Meeting that follows.

ORIENTATION & BUSINESS MEETING: VIRTUAL, FIRST WED. EACH MONTH
6:30pm Orientation / 7:30pm Business Meeting

<https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZtMGh1T0dOMWY2K3Z6UT09> Meeting ID: 317 259 5765, Passcode: ACTION

- How to Volunteer:**
- **ATTEND ORIENTATION MEETING (SEE INFO ABOVE)**
 - **For Coordinator positions:** Contact Co-Chair of that section
 - **For Secretary positions:** Contact facility Coordinator, or if there is none then contact Co-Chair
- Sobriety Requirements:**
- Secretary: 6 mos, Coordinator: 3 yrs (incl. 1 yr H&I), Speaker: N/A
 - Additional requirements for Correctional Facilities
- Speakers always needed at most facilities!** Contact Coordinator.

Lit Pickup Instructions (Monthly Drop-in)

For Coordinators: 3rd Sunday of month, 10am - 12pm
 259 29th St., Oakland (Side entrance of church/Peace Center)
 Questions, or contact in advance to request specific Lit:
 Mary P., handi.area53.literature@gmail.com / 510-910-3356

RECOVERY CENTERS CO-CHAIR (For questions, or interest in Coordinator / Speaker positions): Linda S., 925-683-4741 linspencer@aol.com

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Chrysalis House	OAK	MON 7pm	<ul style="list-style-type: none"> ● Residential ● 7-8 attendees 	W	Chase C	handi.chrysalis@gmail.com	
Cronin House	OAK	THURS 7:30pm	<ul style="list-style-type: none"> ● Residential, locked ● 20 – 25 attendees ● Avg stay 90 days ● Span/Eng mtgs 	M	Tracy L	(925) 594-0322 hounddepot@gmail.com	

Area Chair: Annie G., (415) 425-9565, handi.area53@gmail.com

OCTOBER 2024

www.HandINorCal.org

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
El Chante – 2 Concurrent Mtgs: Spanish & English	OAK	TUES 7pm	<ul style="list-style-type: none"> Residential, locked w/curfew 20 – 25 attendees Avg stay 90 days Residents appreciate H & I visitors 	M	Juan L	(408) 639-0440 Juanco_juanco@yahoo.com	Bilingual speakers
Magnolia House Oakland	OAK	TUES 6:30pm	<ul style="list-style-type: none"> Residential recovery program Some clients with babies/small children (do not attend mtg) Avg stay 1-6 mos 5-10 attendees 	W	Amy	(510) 459-7169 amystod@gmail.com	
MPI (Summit Hospital)	OAK	WED 8pm	<ul style="list-style-type: none"> Hospital, restricted 5 – 25 attendees Avg stay 30 days Addiction-related mental health issues also addressed Appreciate MPI alumni speakers 	COED	Tracy L	(925) 594-0322 hounddepot@gmail.com	
NewBridge	OAK	SUN 7pm	<ul style="list-style-type: none"> Avg stay 30 days 	COED	Richard	(510) 301-7369 gloweng@aol.com	
Orchid House	OAK	FRI 7pm	<ul style="list-style-type: none"> Residential, locked Women/families, some small children (do not attend mtg) 3 – 12 attendees Avg stay 60 days – 1 yr 	W	Rebeca	(510) 388-9881 rebelucion@gmail.com	

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Salvation Army	OAK	MON 7pm	<ul style="list-style-type: none"> • Drug/alcohol rehab w/work program • Serves 60+ clients • Avg stay 6 mos- 1+ yr • Clients are accountable for their behavior and incredibly grateful for H&I 	M	Josh H	Contact Co-Chair Linda S., 925-683-4741 linspencer@aol.com	Need Coordinator and Secretaries, Sat mtgs
		TUES 8pm			Chuck K	650-455-8164 Keatts@gmail.com	
		THURS 8pm			Austin L	415-645-3755 hal4033@gmail.com	
		FRIDAY 8pm			Josh H	Contact Co-Chair Linda S, 925-683-4741 linspencer@aol.com	
		SAT 3PM					
Shepherd's Gate	LIVER MORE	THU 6pm	<ul style="list-style-type: none"> • Shelter, Christian-based program for domestic violence/family crisis victims • Children (do not attend meeting) • 10 – 20 attendees • Avg stay 9 mos - 2 yrs • Clients incredibly grateful for H&I mtgs 	W	Diane	(510) 376-3590 Djohansen33@gmail.com *	

* PREFERRED CONTACT

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Cherry Hill Detox	SAN LEANDRO	MON 2PM TUES 7PM WED 7PM THURS 7PM	<ul style="list-style-type: none"> County detox facility on Fairmount Hospital Campus Short term 3-20 attendees 	COED	Jossue Julie S. Terry P. Nick T.	510-999-0188 mr.morales21@gmail.com 408-833-3477 raidersbunch@yahoo.com 925-525-9663 terrystreeserv@aol.com 650-636-3556	2 Secretaries for Mon.
City Team Oakland	OAKLAND	SUN 7PM	<ul style="list-style-type: none"> Long-term residential addiction recovery Transitional housing, women and children in crisis Avg stay 1-6 mos 4-8 attendees 	W	Rebeca	510-388-9881 rebelucion@gmail.com	
Crossroads Shelter	OAKLAND	MON 6:30PM	<ul style="list-style-type: none"> Largest shelter in Alameda County 100+ residents Many with addiction and/or mental health issues 1-6 attendees 	COED	Todd R.	925-344-2966 todd.roy.925@gmail.com	Secretaries
Gladman Hospital	OAKLAND	TUES 6:30PM	<ul style="list-style-type: none"> Psych facility Short and long-term 3-8 attendees 	M			Coordinator, Secretaries
Heritage House	OAKLAND	SUN 3:15 - 4PM	<ul style="list-style-type: none"> 26-bed crisis support psych hospital, locked 	COED	Adolph F.	510-909-3551 adolphfelix@yahoo.com	

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Jay Mahler Recovery Center	SAN LEANDRO	TUES 7:30PM	<ul style="list-style-type: none"> • 30-day program, located on Fairmont Hospital Campus • Dual diagnosis mental health/addiction • 4-12 attendees • Informal, open discussion • John George grads 	COED	Dave F.	510-909-6977 fraserd@comcast.net	Secretary
John George Psychiatric	SAN LEANDRO	MON 7PM WEDS 2PM THURS 7PM	<ul style="list-style-type: none"> • Short term crisis support psych hospital, locked • 1-15 attendees • Wed mtg emergency unit, patients who have just been admitted or waiting transfer • Appropriate for all experience levels of H&I volunteers – beginners to more seasoned 	COED	Richard K. Steve R. Joseph R.	408-621-5046 richkamimura@gmail.com Steve.Roberts2112@yahoo.com 310-227-9848 jodaro93@gmail.com	Secretary Mon. Secretary Wed.
Magnolia House Hayward	HAYWARD	WED 7PM	<ul style="list-style-type: none"> • Residential recovery program • Some clients with babies/small children (do not attend mtg) • Avg stay 1-6 mos • 5-10 attendees 	W	Liz T.	925-818-1098 tootsiesrockridge@gmail.com	2 Secretaries
Villa Fairmont Mental Health	SAN LEANDRO	MON 3:15PM FRI 2:15PM	<ul style="list-style-type: none"> • Dual diagnosis mental health/addiction • John George grads • 5-20 attendees • Unable to host speakers 	COED	Dave F.	510-909-6977 fraserd@comcast.net	
Willow Rock	SAN LEANDRO	WED 7PM	<ul style="list-style-type: none"> • Teens age 12-17 • Lock-down psych facility • Short term crisis support 	COED	Terri L. H.	510-289-8626	

CORRECTIONAL FACILITIES CO-CHAIR (For questions, or interest in Coordinator positions): Linda S., 925-683-4741 linspencer@aol.com

FACILITY	CITY	DAY/TIME	DESCRIPTION	COORD.	CONTACT INFO	GEND	NGP	OPEN POSITIONS
San Quentin Penitentiary	SAN QUENTIN	6 days/week	<ul style="list-style-type: none"> • Maximum security prison. • Clearance and training required. • Other criteria apply. 	Curtis C	Contact Co-Chair Linda S., 925-683-4741 linspencer@aol.com	M	NGP	Spanish-speaking volunteers. 10 years' sobriety and 5 years H&I experience (preferably in a correctional facility). Male and female volunteers are ok.
San Quentin Inside Visiting Sponsorship Service	SAN QUENTIN	n/a	<ul style="list-style-type: none"> • One-on-one sponsorship. • In person visits at least once monthly, plus sponsor-by-mail and/or phone call. 	Maxie	(510)461-6611 Sanquentinivss@gmail.com	M	NGP	Male volunteers, 5 years' sobriety & solid sponsorship.
Santa Rita Men's Jail	DUBLIN	Wed, 7 pm 2 mtgs	<ul style="list-style-type: none"> • County jail. • Clearance and training required. 	Larry	Contact Co-Chair Linda S., 925-683-4741 linspencer@aol.com	M	NGP	Male volunteers, 2 years' sobriety & H&I experience.
Santa Rita Women's Jail	DUBLIN	Wed. 6 pm 3 mtgs	<ul style="list-style-type: none"> • County jail. • Clearance and training required. 	Tammie C	santaritahanditammie@gmail.com	W	NGP	Female volunteers, 2 years' sobriety & H&I experience.