

HOSPITAL & INSTITUTION (H&I) COMMITTEE, AREA 53 (ALAMEDA COUNTY)

ORIENTATION & BUSINESS MEETING: VIRTUAL, FIRST WED. EACH MONTH:

6:30pm Orientation / 7:30pm Business Meeting

Zoom Link: <https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZtMGtIT0dOMWY2K3Z6UT09>

Meeting ID: 317 259 5765 Passcode: ACTION

How to Volunteer:

- Attend Orientation Meeting (Info Above)
- **For Coordinator positions:** Contact Co-Chair of that section
- **For Secretary positions:** Contact facility Coordinator

Sobriety Requirements:

- Secretary 6 mos/Coordinator 3 yrs + 1 yr H&I), Speaker N/A
- Additional requirements for Correctional Facilities

Speakers are always needed at most facilities! Contact Coordinator

Lit Pickup Instructions (Monthly Drop-in)

For Coordinators: 3rd Sunday of month, 10am - 12pm
259 29th St., Oakland (Side entrance of church/Peace Center)

Questions, or contact in advance to request specific Lit:

Mary P., handi.area53.literature@gmail.com / 510-910-3356

RECOVERY CENTERS CO-CHAIR (Questions/interest in open positions):

Joseph R. (310) 227-9848 jodaro93@gmail.com

FACILITY	CITY	DAY/TIME	DESCRIPTION	GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Cronin House	OAK	THUR 7:30PM	Residential, locked, 20 – 25 attendees, Avg stay 90 days, Span/Eng mtgs	M	Tracy L	925 594-0322 hounddepot@gmail.com	
El Chante – 2 Concurrent Mtgs: Spanish & English	OAK	TUES 7PM	Residential, locked w/curfew, 20 – 25 attendees, Avg stay 90 days, Residents appreciate H & I visitors	M	Nigel R. (English meeting) German (Spanish meeting)	971 221-7186 510 978-2346 mayomes28@gmail.com	Back up secretaries Bilingual speakers
Fruitvale Healthcare Center	OAK	WED 2PM	35+ long-term residents	COED	Eric G.	510-543-4220 dragoneag@sbcglobal.net	2 Secretaries
Garfield Neurobehavioral Center	OAK	TBD	New meeting! Serves clients 18-64 with neuro-deficits	COED	NEEDED		Coordinator and Secretaries
Magnolia House Oakland	OAK	MON 6PM	Residential recovery program, Some clients with babies/small children (do not attend mtg), Avg stay 1-6 mos	W	Amy	510 459-7169 amystod@gmail.com	

FACILITY	CITY	DAY/TIME	DESCRIPTION	GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
MPI (Summit Hospital)	OAK	WED 8PM	Hospital, restricted, Avg stay 30 days, Addiction-related mental health issues, Appreciate MPI alumni speakers	COED	Tracy L	925 594-0322 hounddepot@gmail.com	
NewBridge	OAK	SUN 7PM	Avg stay 30 days	COED	Richard	510 301-7369 gloweng@aol.com	Sun- 5th week Secretary
Orchid House	OAK	FRI 7PM	Residential, locked, Women/families, some small children (do not attend mtg), 3 – 12 attendees, Avg stay 60 days – 1 yr	W	Rebeca	510 388-9881 rebelucion@gmail.com	
Recovery Cafe	CASTRO VALLEY	THUR 11AM	New meeting! Church-sponsored homeless shelter, Men and women (no children), ~50 beds (long + short-term)	COED	Linda S.	925-683-4741 linspencer@aol.com	Secretaries needed (First meeting is on January 15th)
Salvation Army	OAK	MON 7PM	Drug/alcohol rehab w/work program, Serves 60+ clients, Avg stay 6 mos- 1+ yr, Clients are accountable for their behavior and incredibly grateful for H&I	M	Zach	805-215-6392 znorthup@gmail.com	Mon- Secretary
		TUES 8PM			Chuck K.	415-637-7330 Keatts@gmail.com	Tues- 2 Secretaries
		THURS 8PM			Austin L	415-645-3755 hal4003@gmail.com	Thurs- Secretary and 5th week Secretary
		FRI 8PM			NEEDED		Coordinator & Secretaries
		SAT 3PM			NEEDED		Coordinator & Secretaries

COMMUNITY CENTERS CO-CHAIR (Questions/interest in open positions):

contact Amy S. 510-459-7169 amystod@gmail.com

FACILITY	CITY	DAY/TIME	DESCRIPTION	GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Cherry Hill Detox	SAN LEANDRO	MON 2PM	County detox facility on Fairmount Hospital Campus, Short term, 3-20 attendees	COED	Heidi	510-239-8565 jhkkmiller@gmail.com	
		TUES 7PM			Julie S.	408-833-3477 raidersbunch@yahoo.com	Secretaries

FACILITY	CITY	DAY/TIME	DESCRIPTION	GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
		WED 7PM			Terry P.	925-525-9663 terrystreeserv@aol.com	
		THURS 7PM			Nick T.	650-636-3556 nicktuite@gmail.com	
City Team Oakland	OAK	SUN 7PM	Long-term residential addiction recovery, Transitional housing, women and children in crisis, Avg stay 1-6 mos, 4-8 attendees	W	Rebeca	510-388-9881 rebelucion@gmail.com	Secretary
Gladman Hospital	OAK	THURS 6:30PM	Psych facility, Short and long-term, 3-8 attendees	COED	Julio B.	510-326-8052 juliobarba@sbcglobal.net	Secretary
Heritage House	OAK	SUN 3:15 4PM	26-bed crisis support psych hospital, locked, 6-10 attendees	COED	Adolph F.	510-909-3551 adolphfelix@yahoo.com	
Jay Mahler Recovery Center	SAN LEANDRO	TUES 7:30PM	30-day program on Fairmont Hospital Campus, Dual diagnosis mental health + addiction, John George grads, 4-12 attendees, Informal, open discussion	COED	Dave F.	510-909-6977 fraserd@comcast.net	
John George Psychiatric	SAN LEANDRO	MON 7PM	Short term crisis support psych hospital, locked, 1-15 attendees, Wed mtg emergency unit, patients who have just been admitted or waiting transfer, Appropriate for all experience levels of H&I volunteers – beginners to more seasoned	COED	Joseph R.	310-227-9848 jodaro93@gmail.com	Secretary
		WEDS 2PM			Rezan A.	510-679-8672 Rez.asfaw@gmail.com	
		THURS 7PM			Richard K.	408-621-5046 richkamimura@gmail.com	
Magnolia House Hayward	HAYWARD	WED 7PM	Residential recovery program, Some clients with babies/small children (do not attend mtg), Avg stay 1-6 mos, 5-10 attendees	W	Liz T.	925-818-1098 tootsiesrockridge@gmail.com	2 Secretaries
Villa Fairmont Mental Health	SAN LEANDRO	MON 3:15P M FRI 2:15PM	Dual diagnosis mental health/addiction, John George grads, 5-20 attendees, Unable to host speakers	COED	Dave F.	510-909-6977 fraserd@comcast.net	
Willow Rock	SAN LEANDRO	WED 7PM	Teens age 12-17, Lock-down psych facility, Short term crisis support	COED	Terri L. H.	510-289-8626	

FACILITY	CITY	DAY/TIME	DESCRIPTION	GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Berkeley Drop-In Center	BERKELEY	WED 2PM	Multi-purpose community center run by and for past/present mental health clients, and people under significant emotional distress	COED	NEEDED		Coordinator + Secretaries
Masonic Homes	UNION CITY	WED 4PM	Senior living with 500 residents, Mix of independent and assisted living	COED	H.E.	lavabed12@gmail.com 510-364-5207	
Our Place	OAK	TUES 12PM	Provides support for mental health, substance use, housing, employment, Clients often without basic needs	COED	Daniela P.	danicalitx@gmail.com 510-461-5017	3 Secretaries
Tranquility Rehab	CASTRO VALLEY	THURS 7PM	New meeting! Short-term facility, 30-45 days	COED	Annie G.	annie.g.wesley@gmail.com 415-425-9565	3 Secretaries

CORRECTIONAL FACILITIES CO-CHAIR (Questions/interest in open positions):

Carl P. 510-816-0787 carlprice384@gmail.com

FACILITY	CITY	DAY/TIME	DESCRIPTION	GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
San Quentin Rehabilitation Center	SAN QUENTIN	6 days/wk	- Maximum security prison - Clearance and training required - Other criteria apply - Not a good place to start	M	Curtis C	Contact Co-Chair Carl P (510) 816-0787 carlprice384@gmail.com .	Spanish speaking secretary for Saturday meeting, Sunday afternoons. 2 yrs sobriety, H&I experience, preferably in corrections.
San Quentin Inside Visiting Sponsorship Service	SAN QUENTIN	n/a	- One-on-one sponsorship - In person sponsorship electronically - Not a good place to start	M	Maxie	.	Male secretaries, 5 years' sobriety & solid sponsorship.
Santa Rita Men's Jail	DUBLIN	Wed, 7 pm 2 mtgs	- County jail - Clearance and training required - Not a good place to start	M	Larry	Contact Co-Chair Carl P 510-816-0787 carlprice384@gmail.com	Secretaries needed, 2 years' sobriety & H&I experience.
Santa Rita Women's Jail	DUBLIN	Wed. 6 pm 3 mtgs	County jail, Clearance and training required, Not a good place to start	W	Tammie C	tjarrera@hotmail.com	