THE VALLEY VIEW

The Voice of the Valley

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Valley Service Center

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24hr Hot Line:

925-829-0666

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888-859-3230

Email: info@valleyservicecenteraa.org www.valleyesrvicecenteraa.org

HEADLINES

Save These Dates:

Love and Service Conference

October 11th & 12th Pleasant Hill - (see page 5)

Tri-Valley Fellowship Unity Day

October 26th

Gratitude Breakfast

(12th Anniversary)

Nov 3, 2024 — 9:30am 6680 Regional St, Dublin, CA

CNCA06—Fall Election Assembly

Nov 9, 2024 (see page 3) 348 N.Canyons Pkwy, Livermore

2025 International Convention of A.A.

Vancouver, B.C.- July 3-6, 2025 (see page 4)

Plain Language Big Book

On sale November 1st

If you would like to purchase a First Edition copy of the

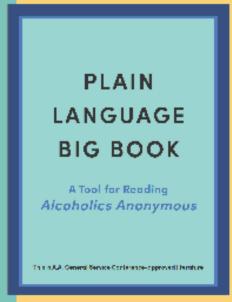
Plain Language Big Book - A Tool for Reading

Alcoholics Anonymous, you can pre-order by sending

your contact information to:

info@valleyservicecenteraa.org

Announcing: a new book from AAWS on sale November 1, 2024



The Plain Language Big Book is a tool to help readers understand the book Alcoholics Anonymous, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood and accessible by all people who have a desire to stop drinking.

Members of A.A. fondly call the original book Alcoholics
Anonymous "the Big Book." It is the basic text of the A.A. program.
The Plain Language Big Book has been written to present the original ideas and same spiritual message of the Big Book,
Alcoholics Anonymous.

This new text is not intended to replace the much beloved Big Book. Rather, the *Plain Language Big Book* is a book crafted over several years by A.A. members and publishing professionals to support alcoholics on the path to recovery. The book is intended to help people who have a problem with alcohol gain access to A.A.'s lifesaving message.

For years, A.A. members have expressed a need for a *Plain Language Big Book*. Based on the shared experience of A.A. members, some people may not have regular contact with other A.A. members to help them understand the A.A. program of recovery and the specific vocabulary as it is used throughout the original book *Alcoholics Anonymous*. Other people have a hard time reading, especially books that were written long ago. This *Plain Language Big Book* is written in simpler language to support readers in their recovery.

This book is published in accordance with Advisory Actions passed by substantial unanimity of the General Service Conference (GSC) of Alcoholics Anonymous. In 2021, the 71st GSC advised that this book be developed. Progress reports, then sample chapters were reviewed at the 72nd and 73rd GSCs. The final draft of the *Plain Language Big Book* was reviewed and approved by substantial unanimity at the 74th GSC, in April 2024. This process and outcome adopts this text as Conference Approved Literature.

The Plain Language Big Book covers the core content of what is the "abridged version" (the edition without personal stories) of the original Big Book.

Readers are also encouraged to seek out the current edition of the book Alcoholics Anonymous and meet with A.A. members to support their own individual paths of recovery from alcoholism.

The Plain Language Big Book is A.A. General Service Conference-approved literature.

PLAIN LANGUAGE BIG BOOK: A Tool for Reading Alcoholics Anonymous

- Publication (on-sale) date: November 1, 2024
- List Price \$11.
- Item B-90
- 192 pages; 8 ½' x 11"
- Softcover format with flaps

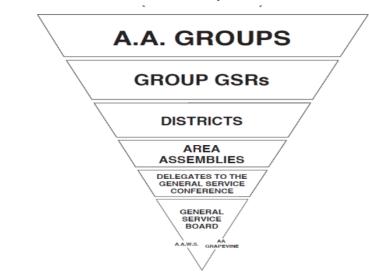
CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS

ELECTION ASSEMBLY

Saturday, November 9, 2024

Cornerstone Fellowship of Livermore 348 N Canyons Pkwy, Livermore, CA

Zoom: 632 553 607 | Password: 1935



The structure of Alcoholics Anonymous is an "Upside Down Triangle". The Groups lead. Our founders knew that there would be future conflict and even crises, so the General Service Conference was formed. Today 93 Area Delegates, 21 Board Trustees, Grapevine and General Service Office Staff meet throughout the year, then together once each year, usually in April, to discuss the concerns of over 50,000 Groups of Alcoholics Anonymous.

"It is in the seeking out of the right kind of people for the right assignments, no matter what the level, that we shall express the prudence of the future."

- Bill W, - 1965

This November, in Livermore, you can see how we chose our leaders/trusted servants, and your Group's General Service Representative (GSR) will have an opportunity to represent your Group at this Election Assembly.

2025 International Convention of A.A.



Vancouver, B.C.- July 3-6, 2025

Registration open now



https://www.aa.org/international-convention

In July, 2025, an anticipated crowd of around 50,000 of your fellow A.A.'s will gather in Vancouver, B.C., Canada to celebrate 90 years of Alcoholics Anonymous.

You'll be able to reserve your lodging through the AA International Convention Registration website. (You don't need to book your room(s) separately.)

Registration \$160 per person / plus Hotel

This truly is an experience you must not miss.

Note: If you have a record (a DUI for instance), you can obtain a waiver to enter Canada at:

https://pardonsandwaivers.com/u-s-entry-waiver/

What I saw, what I heard, and what I felt at the International Convention.

50,000 people filled the baseball stadium in Toronto, Canada that year. Looking across those thousands of faces, it suddenly occurred to me that each of them had a story as comic and tragic as my own, had caused as much harm, felt as isolated and desperate, and had sought relief the same way I had; Suddenly, I felt tears of gratitude.

During the Long-timers panel, an elderly man (we'll call him Fred) was ushered to the podium. Over the years, he had shared his story many times, but when he looked out at that crowd, he froze. You could hear a pin drop. Then from among the crowd, scattered voices were heard, "You can do it Fred", "We've got you Fred", "We love you Fred", ... and so on.

In a crowd that size, people spontaneously reached out to a suffering man with love and comfort. It wasn't organized, It just happened.

I will never forget 'Fred' and what I witnessed at that International Convention.

- Anonymous

12th Anniversary Gratitude Breakfast

Speaker-To be Announced



Holiday Inn 6680 Regional St.

Dublin, Ca 94568 Event doors open @ 9:30 am Breakfast Served @10:30 am



Raffle Prizes!!!

Payment and registration accepted by mail or Venmo only

Tickets \$35 Per person -Ticket sales end Oct 15, 2024, or until sold out

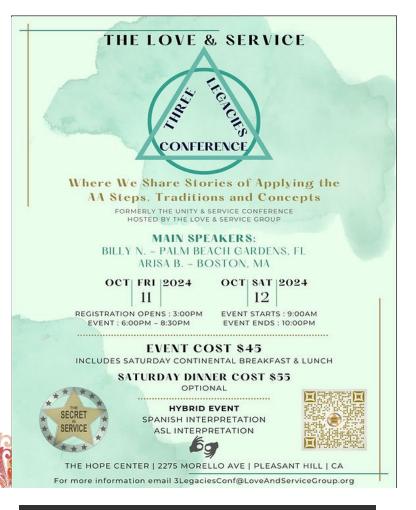
Venmo: Gratitude Breakfast@CassieRoss2 (last 4 digits7874)

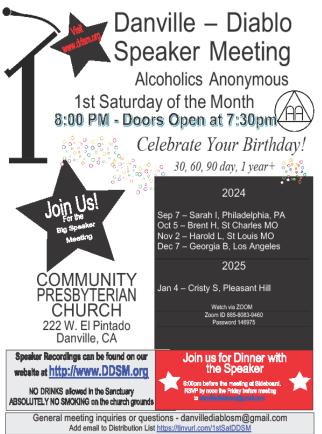
In Venmo Memo, include Name for badge of each attendee, Hm Group & Email

Payment and Registration by Mail- One form per family. Include names for badges.

Name:	Make check payable to:
Ph_	Cassie Ross
Home Group:	Mail To:
Email:	Brooke Harden 5665 Charlotte Way.
#of Tickets x \$35= Confirmation will be sent to your email address	Apt 60, Livermore, Ca 94550

Chairperson - Tracie W. 925-337-1358 Co-Chairperson - Renita M. 925-980-6897







OCTOBER 2024 CALENDAR

October 2 <u>Hospitals & Institutions Business Meeting</u> Orientation 6:30 pm — Business Meeting 7:30 pm
Meeting ID: 317 259 5765 Passcode: ACTION
October 4-6 NCCAA (No. Calif. Council of A.A) Fall Conference Wyndham Hotel - 5321 Date Ave, Sacramento, CA
October 5 <u>Danville Diablo Speaker</u> - 7:30pm (Brent H., St. Charles, MO.) 22 W. El Pintado, Danville, CA also: 885-8083-9460, password: 146975
October 7 VISC Intergroup Meeting - 07:30 PM Zoom only: 228 859 7009, Password: 94566
October 8 <u>Tri-Valley Fellowship Business Meeting</u> - 06:30 PM 6500 Dublin Blvd. Also: 516 196 4435, password: 807945
October 8 PI / CPC Business Meeting - 06:15 PM Zoom ID (no password): 841-7877-3337
October 9 <u>CPC / Presentation for Health Care Professionals</u> - 07:30 PM Zoom only: 810 9099 6343 , Password: 411
October 11-12 <u>Love & Service / Three Legacy Conference</u> 2275 Morello Ave, Pleasant Hill, CA (see page 5)
October 12 Crossroads Fellowship Business Meeting - 09:00 AM 386 Preston Court, Livermore, CA
October 25 Don't be Afraid of Business Meetings (Workshop) - 6:30pm St. Phillips Church / 8850 Davona, Dublin (see page 5)
October 26 CNCA06 Area Committee Meeting - 10:00am—3:30pm 320 N. McDowell Blvd., Petaluma, CA 94954. Also: 632 553 607 - password: 1935
October 28 <u>District 70 Business Meeting</u> - 6:30pm Faith Lutheran Church - 20080 Redwood Rd, Castro Valley Also: 774 061 7133 - password: CNCA
October 28 VISC Board Meeting - 6:30pm Zoom only: 228 859 7009, Password: 94566
November 3 12th Anniversary Gratitude Breakfast - 9:00am 6680 Regional St. Dublin, CA - (see page 5)

GROUP CONTRIBUTIONS - (9/23 > 8/24)

GROUP	Sep 23	Oct 23	Nov 23	Dec 23	Jan 24	Feb 24	Mar 24	Apr.24	May 24	June 24	July 24	Aug 24	7th Trad	Lit Sales	Total
Individual	81.00	185.00	406.00	270.00	1,050.00	20.00	50.00		50.00	500.00			2,612.00	892.75	3,504.75
As Bill Sees It								450.00			400.00		850.00	0.00	850.00
Big Book Energy	75.00		75.00			75.00			100.00			100.00	425.00	0.00	425.00
Broken Elevator			842.00										842.00	20.50	862.50
By the Book		138.60			179.40			153.84			261.00		732.84	0.00	732.84
Carrying the Message				392.80						108.00		80.00	580.80	263.00	843.80
Crossroads Fellowship				5.00	1,050.00								1,055.00	1,784.50	2,839.50
Friday Night Live				94.80		5.00		380.26				472.55	952.61	44.00	996.61
Friendship Group				61.00						50.00			111.00	0.00	111.00
Happy, Joyous and Free				64.60									64.60	137.75	202.35
Hard Knox					90.00	120.00							210.00	0.00	210.00
Hilltop Group			332.17						250.00		47.53		629.70	82.00	711.70
Jaywalkers				265.47	172.96		75.00			98.69	94.13		676.92	0.00	676.92
Knuckleheads						292.00							292.00	143.50	435.50
Ladie's Lifeline	136.80		168.52	924.32	80.70	120.00	133.10	136.00					1,699.44	310.00	2,009.44
Language of the Heart													0.00	54.00	54.00
Monday Night Live				183.12						148.56		114.92	446.60	215.00	661.60
Nursery Group #3													0.00	174.25	174.25
PI/CPC													0.00	54.50	54.50
Primary Purpose			924.36		759.90			700.16				646.69	3,031.11	306.36	3,337.47
San Ramon Com. Cntr							126.60						126.60	0.00	126.60
Sat. Morning Breakfast	184.92		83.66	81.54	197.37	139.20	221.40	102.60	214.20	316.80		233.26	1,774.95	1,222.75	2,997.70
Serenity Seekers												11.00	11.00	0.00	11.00
Sunday AM Coffee - Dub- lin	143.10	90.60	187.20	140.57	216.00	141.60	167.40	84.60		128.00		420.00	1,719.07	100.50	1,819.57
Sunol Underground													0.00	61.50	61.50
There is a Solution											350.00		350.00	0.00	350.00
Triangle Fellowship													0.00	0.00	0.00
Triple Twelve	35.00		55.00			20.00							110.00	0.00	110.00
Tri-Valley Fellowship				500.00									500.00	1,245.25	1,745.25
Unscripted Men's Grp							943.80	608.40			540.52		2,092.72	0.00	2,092.72
Women Staying in the Book		114.97	152.44		78.60	78.18	109.28		14.55	70.80	75.45	63.30	757.57	0.00	757.57
Words of Wisdom			132.67		285.29			145.95				616.46	1,180.37	32.75	1,213.12
Workshops							81.00						81.00	66.00	147.00
Total	655.82	529.17	3,359.02	2,983.22	4,160.22	1,010.98	1,907.58	2,761.81	628.75	1,391.52	1,768.63	2,758.18	23,914.90	6,879.80	30,794.70

OCTOBER 2024 - DEFECTS?

<u>1</u>	2	3			4	5		6	
7					8		9		10
		11	12	13		14			
15	16		17		18			19	
	20	21			22		23		
24							25		
26			27			28			
29					30			31	
		32					33		
34									

^		
А	crass	

1	"Ready to have god remove these of
	character"
7	"There is who has all power"
8	" in his room, he asked himself."

- 8 "____ in his room, he asked himself."
- 11 "___-centric, as people like to call it nowadays"
- 14 Extinct wild Ox
- 15 Nickname for an 'Old Guy'
- 17 "voices cry... sex is a _____ of our lower nature"
- 19 My Grandfather, to my Father
- 20 Right of Use (abbr.)
- 22 Exclamation of discovery
- 24 Annoying sibling
- 25 time out for babies and old people
- 26 Prefix meaning 'again'
- 27 "Yes,...I must have this _____"
- 29 Young adult's need to buy alcohol.
- 30 My sister's daughter
- 32 "We ask God at to remove them."
- 33 A thing or matter (in legal documents)
- 34 "resentment, jealousy, _____, frustration, and fear."

Down	
------	--

- 1 Extinct flightless bird
- 2 Half an em.
- 3 Charge for permission
- 4 When repeated, 'G'bye',
- 5 "Procrastination is really in five syllables"
- 6 Supplemental Nutrition Assistance Program (abbr)
- 9 "take it ____ leave it alone."
- 10 A case in point, often a shining ______.
- 12 "When ___ is less than ruinous, we call it taking our comfort."
- 13 University home of the Sooners
- 16 24 down, ______, 17 across, 23 down, 12 down, 34 across, and 5 down.
- 18 Fluid used in IV drips to replace electrolytes
- 23 "what about justifiable _____"
- 24 "It is not an accident that____ leads the list."
- 28 Metallic element w/atomic number 28
- 31 Between Bee and Dee.
- 32 Off road Vehicle (abbr)

SPANISH SPEAKING MEETINGS (Español)

Lunes, Martes, Mierooles, Jueves y Viernes Monday, Tuesday, Wednesday, Thursday & Friday Sabado (Saturday) & Domingo (Sunday) 10am-12pm 925-339-1907 Grupo Livermore (Spanish, O.D).. 7 PM- 9 PM Multi-Service Center 2610 Old First Street

DUBLIN

Lunes (Monday), Mercoles (Wechnesday), Viennes (Friday) 7:00 PM to 9:00 PM

Tri-Valley Fellowship - 6500 Dublin Blvd Suite B

Telephone Directory or on the web at <u>www.44.org</u> Alcoholics Anonymous may also be found in the

A.A. Fellowships

No Phone #

sland Fellowship, 1828 Lincoln Ave, Alameda Park Sheet Center, 1510 Oak Sheet, Alameda Tri-Valley, 6500 Dublin Blvd Ste B, Dublin Grupo Livermore, 2610 Old First Street, Liver n-Between, 4710 International Bivd-Oakland Concord Fellowship, 1591 Broadway Crossroads, 386 Preston Court, Livermore Cemito Fellowship, 12260 San Pablo Ave B Sobrante Fellowship, 4980 Appain Way Fremont Fellowship, 3833 Penalta Blvd. Centerville, 4500 Thornton Ave., Fremont Vewark Fellowship, 7115 Rich Avenue Friangle, 22654 Mission Blvd, Hayward 5 Cities, 37320 Mission Blvd, Fremont

(925)339-1907 (510) 436-8651 510) 522-9517 925) 449-9796 510) 371-1174 510) 839-8900 510)4794404 510) 522 9500 510) 791-998 No Phone# No Phone # No Phone # No Phone #

The Valley Bervice Center publishes a monthly newsletter found

at www.valleners/cocenfera.ore

TRADITION SIX states that Alcoholics Anonymous loes not endorse any outside enterprise. In the spirit of cooperation, rather than affiliation, the following numsers are offered as solutions to problems other than Jeoholism

510) 444 4673 **VARCOTICS ANONYMOUS** 925) 685-4357 (510) 276-2270 925) 277-7661 AL-ANON

Meeting Codes:

B. Big Book, C. Closed, c. Chaldcare, D. Spealzer/Discussion,
L. Litterature, M. Men, O. Open, S. Step, SPK. Spealzer,
T. Tradition, W. Women, YP. Young People,
LGBTQ—Lechian, Gay, Bi-Sernal, Trans & Queer

About the Valley Intergroup Service Center Contributions

The Valley Intergroup Service Center is supported by Group contributions, made monthly or at intervals during the year.

ence suggests that groups follow the "60-30-5-5" or "50-30-10-10" To support A.A.'s essential services, the General Service Conferplan or the group conscience.

50% or 50%

6500 Dublin Blvd #816 (8nd Floor) Valley Service Center

Delbita, CA 94568

General Service Office (G.S.O.) P. O. Box 8407, James A Farley Station New York, NY 10116-8407

District 70 - Alameda South

(check payable to District 70 Treasurer)

P.O. Box 8413

Haywand, CA. 94544

51 or 101 Treasurer C M C A 1890 M McDowell Elvé Sufe G-889 Petalama, CA. 94564

San Prancisco, CA 94119-2490 P.O. Box 198490

errice Meetings

7:30 PM Intergroup Meeting

1st Monday of each month Zoom ID: 2288397009

Password: 94366

6:43 Sharing Session - 7:30 PM Meeting Last Monday of each month

Seneral Service

District 70

Zoom ID: 774-061-7133 Password: CNCA

1st Wednesday of the month 6:30 PM Orientation Meeting 7:30PM Business Meeti

H&I Meeting

Zoom ID: 317-239-5763 Password: ACTION

Last Monday of each month 6:30 PM - Business Meeting Only Board Members VISC Board Meeting

Password: 9251969 Zoom ID: 833-6641-9739

PHONE NUMBERS FOR NEWCOMERS

08/16/2024

Alcoholics Anonymous Fall 2024

Tri Valley Meeting Directory Dublin, Livermore, Plessanton, San Ramon, and Sunol

Office Hours: Mon. 5:00 pm—7:30 pm (1st Mon 7 pm) Valley Intergroup Service Center 6500 Dublin Blvd #216 Dublin, CA 94568 (925) 829-3160

Sat. 10:30 am - 2:30 pm Wed. 6 pm - 8 pm

info@valleyservicecenteraa.org valleyservicecenteraa.org Web Sifes: Email:

24-Hour A.A. Hotlines

(925) 829-0666 (Tri-Valley Svc. Center)

(888) 859-3230 (Valley Svc. Center Toll Free) (925) 939-4155 (Contra Costa)

510) 839-8900 (East Bay/Oaldand)

A.A. Preamble

with each other that they may solve their common problem and help others to recover from ship is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self organization or institution; does not wish to enopposes any causes. Our primary purpose is to stay sober and to help other alcoholics to Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope alcoholism. The only requirement for membersupporting through our own contributions. A.A. is not allied with any sect, denomination, politics, gage in any controversy; neither endorses nor achieve sobriety.

or imply any approval or endorsement of any group or Only In-Person groups and meetings are listed in this directory at their request. Listing does not constitute meeting's approach to, or practice of the A.A. program. For virtual groups see the Meeting Guide app.

Please email the VSC to have your in-person meeting

All meetings in the directory are NON-SMOKING and Accessable Online only meetings are not listed here listed in this publication.



Big Book Study (O,D)	NOON	24 Hours a Day (O.D)	Die More Morning (Evening)	6:30 AM	Discovery Church - 5862 Las Positas Dr. Happy, Joyous and Free	S.	eig Book Study (O,B)			NOON Big Book Study (O.D. B. H)	6:45 AM	Tri-Valley Fellowship - 6500 Dublin Bivd Suite B The Broken Elevator (C,S,TR)	Knuckleheads Men's Mtg. (D,M,O)	St. Philip Lutheran - \$850 Davona Dr. at Alcosta Live More Morning (Evening)	Hard Knox Men's Stag (C,B,M, Hybrid)700 PM Live More Morning	ox Church - 7421 Amerilio Road	DUBLIN	TUESDAY Big Book Energy	Exermore Monay Night Live (YT, O, D)/200 PM 3t. Philips - 8860 Davona Dr.	(Children's theater)	Literature Study (O,D)	PK(0,D)		6:45 AM	eston Court	Evening)6:30 PM	6:30 AM	DIVERMENT: (2cmtD-28-38-339 Passwort 195)	20194	The state of the s	PHEASANION	3	8-00 PM	-	6:45 AM		Zoom ID: 929-594-7772 Page	NUNDAY	Crossroads Fellowship - 389 Prestor Court	Big Book Study (O,B)	5.50 TM	S Crosseals (O,D)		- 386 Preston Court	6:30 PM	MV 06:30	Discovery Church - 5862 Las Positas Dr. Tri-Valley Fellowship - 6500 Dublin Bivd Suite B	Inc Orisotypes went scroup (c) M, Hysrid, L. San Control (c) M, Hysrid L.	ht (O,D) 8:00 PM St. PMI	-	DUBLIN	Na DOS	8:30 AM DUBLIN	6:5 AM Sunoi Underground #	Dublin Blvd Suite B S35 AM Sunoi Underground # SPK.D) Noon S00 PM DUBLIN	SUNOL Underground #	SOOAM SUNCL Zoom ID: 885-5 SUNCL Zoom ID: 885-6 SUNCL SU	BODAM BYTHE BOOK (C.B.): Bythe Book (C.B.): Zoon (D. 80±6 Zoon	BJS AM NOON	SUNDAY Trimity Lutheran Church Lades the Line (p) Lutheran – 8890 Devona Dr. @ Alcosts day Morning Coffee (0,D, Hybrid)
	8	S:30 PM PLEASANTON	apeaker Meeting (O,SPK)	Big Book Study (O,B)	7:00 PM Discussion (O,D)		_	6:30 PM Men's Discussion (O. D. Hubbel)	2	6:45 AM		7:00 PM Discovery Church - 5862 Las Positas Dr.	S East Ave #11	6:30 PM	MA 0E:9		Discussion to doll or removation to the full plants	7:30PM Discussion (O,8FR,U)	In-valley renowantly egov busin time autie to	8:00 PM Jay Walkers Group (O,B,8)	6:30 PM St. Philip Littlean - 8800 Davona Dr. at Access	NOON	6.45 AM		Zoom ID: 627-688-339 Password: 624200		6		30 PM		Trinity Lutheran Church - 1225 Hopyard Rd.		krs)7:00 PM			6:30 PM	Ho	NOON Created Dally Balletine (O.D.)	E-AR AM	6:30 PM	Crossroads Fallowship - 386 Preston Court	Dr. LIVERMORIE	Enday Ally Life					MINORAL STATES OF THE CONTRACT OF THE PROPERTY			_	The Little Brown Church - 143 Kilkare Road	7:30 PM	ad Big Book Study (O,D, B)	San Ramon Community Center 12501 Albeta Blvd Roc	199			6:30 PM	.6:30 PM

San Ramon Community Contar 12501 Alosta Blvd Room 101	SAN RAMON	Discussion (O,D)	12 & 12 (O,D) Rm 16:30 PM	Discussion (O,SPK,D) Rm 1NOON	

Sunol Underground #2 (C,D)7:30 PM	SUNCI The Little Brown Church - 143 Kilkare Road	Big Book Study (O,D, B)NOON
30 PW		NOON

<u>ILIN</u> FValley Fellowship - 6500 Dublin Blvd Suite B	FRIDAY
-	

Spiritus Experience (O.D.)

Zoom ID:	Friendship	St. Joan of A
0: 627-888-359	riendship Group (O,D, H	70 260
Password 8240	Hybrid)	1 San Ramon Valle
205		ey Blvd.
	7 30 P	

NERMORE	Speaker Meeting (O,S Last Sat Chip Mtg.)	Young at Heart Women (W,D,L)	Discussion (O,SPK,D) Rm.1	Beaten Into A State of Reasonableness (M,L,D)10:00AM	Discussion (O,SPK,D)	Tri-Valley Fellowship- 6500 Dublin Blvd Suite B		St. Philip Lutheran - 8850 Davona Dr. at Alcosta
	8:00 PM	6:30 PM	NOON	10:00AM	6:45AM		9-00-AM	

... 6:30 AM

......8:00 AM

.700 PM